

FAITH-LED DECISION

Reflect:

*"When fear tells me to stay still,
what is faith inviting me to step
into?"*

Lord, help me see the open door when
fear only shows me walls. Give me
courage to move forward even when I
cannot see the full path.

*For I know the plans I have for you, declares
the Lord, plans to prosper you and not to
harm you.*

Jeremiah 29:11

FAITH-LED DECISION

Reflect:

*"Am I surrounded by people who
water my growth or drain my
healing?"*

Father, give me discernment to recognise
who belongs in this season of my life.
Help me release toxic ties with grace.

*Walk with the wise and become wise, for a
companion of fools suffers harm.*

Proverbs 13:20

FAITH-LED DECISION

Reflect:

"What am I holding onto that is hurting me more than the person who caused the pain?"

God, I cannot do this alone. Help me begin the process of releasing this burden. I choose freedom over bitterness.

Bear with each other and forgive one another if any of you has a grievance against someone.

Colossians 3:13

FAITH-LED DECISION

Reflect:

"Where do I need to draw a line to protect the peace God is restoring in me?"

Lord, give me the strength to say no without guilt. Let my boundaries be an act of obedience to You.

Above all else, guard your heart, for everything you do flows from it.

Proverbs 4:23

FAITH-LED DECISION

Reflect:

*"What would I pursue if I believed
God has already qualified me?"*

Father, silence the voice that says I am
not enough. Help me step into the calling
You placed on my life.

*Before I formed you in the womb I knew you,
before you were born I set you apart.*

Jeremiah 1:5

FAITH-LED DECISION

Reflect:

"Am I truly healing, or am I just getting better at hiding my pain?"

Lord, I do not want to perform wellness. I want to experience it. Meet me in the places I have been avoiding.

Then you will know the truth, and the truth will set you free.

John 8:32

FAITH-LED DECISION

Reflect:

"Is financial fear stopping me from investing in my healing or my calling?"

God, You are my provider. Help me steward what You have given me wisely and trust You with what I cannot yet see.

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

Philippians 4:19

FAITH-LED DECISION

Reflect:

"What area of my life am I gripping too tightly because I am afraid of being hurt again?"

Father, I surrender my need to control every outcome. I trust that Your hands are safer than my own.

Commit your way to the Lord; trust in him and he will act.

Psalm 37:5

FAITH-LED DECISION

Reflect:

"Is my silence protecting me, or is it protecting the person who hurt me?"

Lord, give me the words and the moment.
Help me speak my truth with grace and power.

Speak up for those who cannot speak for themselves, for the rights of all who are destitute.

Proverbs 31:8-9

FAITH-LED DECISION

Reflect:

"When did I start believing that rest was laziness instead of obedience?"

God, You rested on the seventh day.
Teach me that slowing down is not
failing.

*Come to me, all you who are weary and
burdened, and I will give you rest.*

Matthew 11:28

FAITH-LED DECISION

Reflect:

"What cycle am I willing to end with me so my children can begin a new story?"

Father, I declare that the pain stops here.
What was passed down to me will not be passed down through me.

*He has sent me to bind up the brokenhearted,
to proclaim freedom for the captives.*

Isaiah 61:1

FAITH-LED DECISION

TRUST IN GOD WITH GOD

Reflect:

"If I gave God full control of this situation, what would change about how I feel right now?"

Lord, I lay this decision at Your feet. I do not need to know the ending to trust the Author.

Trust in the Lord with all your heart and lean not on your own understanding.

Proverbs 3:5-6