

FAITH-LED DECISION

The Crossroads of Fear & Faith

Reflect:

"When fear tells me to stay still, what is faith inviting me to step into?"

Lord, help me see the open door when fear only shows me walls. Give me courage to move forward even when I cannot see the full path.

For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you.

Jeremiah 29:11

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Choosing Your Circle

Reflect:

"Am I surrounded by people who water my growth or drain my healing?"

Father, give me discernment to recognise who belongs in this season of my life. Help me release toxic ties with grace.

Walk with the wise and become wise, for a companion of fools suffers harm.

Proverbs 13:20

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When Forgiveness Feels Impossible

Reflect:

"What am I holding onto that is hurting me more than the person who caused the pain?"

God, I cannot do this alone. Help me begin the process of releasing this burden. I choose freedom over bitterness.

Bear with each other and forgive one another if any of you has a grievance against someone.

Colossians 3:13

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Boundaries as Holy Ground

Reflect:

"Where do I need to draw a line to protect the peace God is restoring in me?"

Lord, give me the strength to say no without guilt.
Let my boundaries be an act of obedience to You.

Above all else, guard your heart, for everything you do flows from it.

Proverbs 4:23

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Stepping Into Purpose

Reflect:

"What would I pursue if I believed God has already qualified me?"

Father, silence the voice that says I am not enough.
Help me step into the calling You placed on my
life.

*Before I formed you in the womb I knew you, before
you were born I set you apart.*

Jeremiah 1:5

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Healing vs. Hiding

Reflect:

"Am I truly healing, or am I just getting better at hiding my pain?"

Lord, I do not want to perform wellness. I want to experience it. Meet me in the places I have been avoiding.

Then you will know the truth, and the truth will set you free.

John 8:32

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The Financial Leap

Reflect:

"Is financial fear stopping me from investing in my healing or my calling?"

God, You are my provider. Help me steward what You have given me wisely and trust You with what I cannot yet see.

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

Philippians 4:19

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Letting Go of Control

Reflect:

"What area of my life am I gripping too tightly because I am afraid of being hurt again?"

Father, I surrender my need to control every outcome. I trust that Your hands are safer than my own.

Commit your way to the Lord; trust in him and he will act.

Psalm 37:5

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Speaking Up or Staying Silent

Reflect:

"Is my silence protecting me, or is it protecting the person who hurt me?"

Lord, give me the words and the moment. Help me speak my truth with grace and power.

*Speak up for those who cannot speak for themselves,
for the rights of all who are destitute.*

Proverbs 31:8-9

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Rest Without Guilt

Reflect:

"When did I start believing that rest was laziness instead of obedience?"

God, You rested on the seventh day. Teach me that slowing down is not failing.

Come to me, all you who are weary and burdened, and I will give you rest.

Matthew 11:28

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Breaking Generational Patterns

Reflect:

"What cycle am I willing to end with me so my children can begin a new story?"

Father, I declare that the pain stops here. What was passed down to me will not be passed down through me.

He has sent me to bind up the brokenhearted, to proclaim freedom for the captives.

Isaiah 61:1

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Trusting God With the Outcome

Reflect:

"If I gave God full control of this situation, what would change about how I feel right now?"

Lord, I lay this decision at Your feet. I do not need to know the ending to trust the Author.

Trust in the Lord with all your heart and lean not on your own understanding.

Proverbs 3:5-6

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